



# OWA SUNDAY LUNCHES

Commence Sunday 16<sup>th</sup> August 2009  
1pm, 1.30pm, 2pm or 2.30pm sittings

**2 Course £12.50 – 3 Courses 14.95 - Children £5.95**

\*Oven baked breaded Cornish Camembert served  
with Corn Salad and a red Onion Ragout

\*Shredded Ham Hock served on a bed of baby gem with Cherry tomatoes-Purple  
cress and a Mustard Crème fraiche

\*Prawn and Avocado Cocktail served with a Marie rose Sauce

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\*Roast Topside of Beef served with Yorkshire pudding

\*Roast Leg of Lamb served with a Fresh Mint Sauce

\*Roast Breast of Chicken served with a Sausage meat and Sage Stuffing

\*Roasted Vegetable and Pesto Lasagne

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Roast Potato  
Root Vegetable Crush  
Spring Greens  
Petit Pois

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\*Baked Cheesecake with Summer Fruits

\*Fruit Trifle with Whipped Cream

\*Cheese and Biscuits

Reservations must be prebooked – please ring the office on 020 8686  
2127 or email [clubhouse@owa.org](mailto:clubhouse@owa.org)

If there is a good response Sunday lunches will be held 2 weekly from  
September.

Wine & Drinks available from the bar

